



Notley High School & Braintree Sixth Form

Parent/Carer Information Summer Term – Wednesday 18 May 2022

Thursday 30 June 2022	Year 10 Parents'/Carers' Consultation Evening
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Year 10 Examinations Information

Since the original calendar for this academic year was put together, changes were made to the usual public examinations schedule which mean that the exam period for Year 11 and Year 13 is longer than usual. The planned date for the end of Year 10 exams now clashes with public examinations.

We are therefore moving the Year 10 Exams from the week beginning 20/06 to the week beginning 27/06.

This also means that the date of the Year 10 Parents' and Carers' Evening will move to make sure that the students will have finished their exams before the evening.

The new date for the Year 10 Parents Evening is Thursday 14th July instead of Thursday 30th June.

CEOP resource - online safety and relationships

The Child Exploitation and Online Protection command (CEOP) has created a new website: [The internet, relationships & you](#) for children aged 11-18, which has information on online safety and relationships.

A Relationship and Sex Education workshop has been created by [Brook](#) (The UK's largest young people's sexual health charity) especially for Essex parents and carers.

Talking to young people about their sexual health can be a challenging experience. In this training, Brook draw on their 55 years of expertise of talking to young people about their sexual health. And provide a comprehensive overview of the information that parents need to know.

Learning outcomes:

- How the new legislation will impact on your child
- What it means for primary & secondary school students
- What is taught and why we teach it
- How you can continue those conversations at home.

Workshop for Secondary School Aged Children

Dates: 19th May & 21st July

Time: 18:00 – 19:30

To book click [here](#) (May), [here](#) (July)

Library Information

In recognition of Stress Awareness Month the library have a display giving advice on how to combat stress, how to recognise it and details of a text organisation called Shout, who can help those unable to overcome stress on their own. We also have flyers offering advice on dealing with exam stress and "A Young Person's Guide to Well-being in Stressful Situations".

We have set up activities including mindfulness colouring in, sharing tips on how each of us cope with stress (via Post-Its on the library noticeboard), we are holding reflective, quiet music sessions during break and lunch times on Wednesdays and a yoga session from 3.15 to 4pm on Tuesdays in the library.

Festival Safety

With the festival season back on this summer, a number of students will be heading to various festivals, many for the first time. The Festival Safe website gives advice and help to ensure people attending festivals stay safe with topics including:

Understanding The Law

General Harm Reduction Guide

Alcohol Harm Reduction Guide

Drugs Harm Reduction Guide

Drug Testing

<https://www.festivalsafe.com/>