



Notley High School & Braintree Sixth Form



Headteacher: Miss M Ryan

March 2022

Dear Parents/Carers

Year 10 Summer Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 10 during Summer term 1 is as follows:

Summer Term 2

Relationships and Sex Education: Students will explore the common myths and assumptions regarding sex and how these are perpetuated by pornography. They will discuss consent and identify contraception methods considering their relative efficacy. They will explore when and how a person should end a relationship and discuss strategies to manage the break-up of relationships in a positive way.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb
Head of Faculty: PDT, Resilience and Careers

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