



# Notley High School & Braintree Sixth Form



Headteacher: Miss M Ryan

September 2022

Dear Parents/Carers

## Year 8 Autumn Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 8 during Autumn term 1 is as follows:

### Autumn Term 1

**Skills for Success:** Growth and fixed mindsets, mindset triggers and the power of practice.

**Citizenship:** Students will explore how government works. They will investigate the terms 'manifesto', 'policy' and 'political party' and develop an understanding of the electoral system in the UK.

**Staying Safe:** Students will explore reasons why young people might use legal and illegal drugs. They will investigate the consequences of being found in possession of, using, selling or supplying different classes of drugs. They will learn what support is available to people. They will also learn about the law in relation to carrying a knife, knife crime and joint enterprise and evaluate why some young people may choose to carry a knife and how risky this choice is.

I would like to remind all parents that students may seek additional support if required, from our pastoral team. This includes the tutors and pastoral managers: Mrs Vickery, Mrs Glynn and Mrs Turner. As a school, we also promote the use of our question box, where students may post anonymous questions which will be addressed during tutor time or PDT lessons as appropriate.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT Careers

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